

## Fourth Grade: Sample Daily Schedule

A **suggested** daily schedule to keep each day as structured as possible for your child while out of school. While we know each family is different, we wanted to provide some ideas of ways you could structure your day. Use what may work for you :)

<b>Before 9:00</b>	<b>Wake Up</b>	Eat breakfast, make your bed, get dressed
<b>9:00-10:00</b>	<b>Exercise</b>	-Complete activities from Mrs. Huhn, Mr. Bentley, and Mr. Rockafellow
<b>10:00-11:30</b>	<b>Academic Time</b> <b>90 minutes=</b> <b>30 work/5 min break/30 min work/5</b> <b>minute break/20 min work</b>	<b>NO ELECTRONICS</b> -Read books -Journal writing or write letters. -Or work on your 4th grade packet if your parents requested one.
<b>11:30-12:00</b>	<b>Lunch</b>	Wash your hands (20 seconds)
<b>12:00-1:00</b>	<b>Creative Time</b>	Legos, drawing, and crafting.
<b>1:00-1:30</b>	<b>Chore Time</b>	Wipe all tables, chairs, door handles, light switches, bathroom sinks, and any other chores your parents give you to do.
<b>1:30-2:30</b>	<b>Quiet Time</b>	Reading, puzzles, word search, crossword puzzles, sudoku.
<b>2:30-4:00</b>	<b>Academic Time</b> <b>90 minutes=</b> <b>30 work/5 min break/30 min work/5</b> <b>minute break/20 min work</b>	<b>ELECTRONICS OK</b> <ul style="list-style-type: none"> <li>• Choose a Mystery Science lesson</li> <li>• Work on Math online Khan Academy(1% a day progress is typical.) or IXL</li> <li>• Work on IXL grammar/reading/science or social studies</li> <li>• If you are working in the packet, do a few pages of work a day. Make sure you let your teacher know what you have done. Take a pic!</li> </ul>
<b>4:00-5:00</b>	<b>Fresh Air</b>	Play OUTSIDE, if possible.
<b>5:00-6:00</b>	<b>Dinner</b>	Wash your hands (20 seconds)
<b>6:00-8:00</b>	<b>Free TV Time</b>	Kid shows/Virtual Field Trips-Check out the Old Faithful webcam!
<b>9:00 ish</b>	<b>Bedtime</b>	Try to keep a reasonable bedtime schedule.

## Educational Links

### Reading/Writing/Math/Science/Social Studies:

ixl.com-This is a great site for all subjects.

[www.getepic.com](http://www.getepic.com)-Lots of free online books to read.

BLAIR CODE: rqp5850

SCHMIDTFRANZ CODE: dvs7941

SULKOWSKI CODE: sb1758

Khanacademy.org-We use this site all the time in class. This account will transfer to 5th grade.

- Math, use your username/password from class

**Mystery Science Lessons:**

Why do snakes shed their skin?

<https://mysteryscience.com/mini-lessons/snake-skin?code=2f0d55fd2d51ef9fd82650a33e9ffc80>

Why do bears hibernate?

<https://mysteryscience.com/mini-lessons/bears?code=d4186b198bf4d72244c852c64c6c5e25>

Can animals laugh?

<https://mysteryscience.com/mini-lessons/animals-laugh?code=ee3cd7be6f2a26c9ef18ebca1c512296>

What's that red thing on a turkey?

<https://mysteryscience.com/mini-lessons/red-turkey?code=76faa94f1fbc370356563485ee4ef75a>

**Math Game:**

Prodigygame.com

BLAIR CLASS CODE: 21498A

SCHMIDTFRANZ CODE: 52CAFA

SULKOWSKI CODE: 94C6A6

**Virtual Field Trips:**

Yellowstone National Park Webcam Old Faithful

<https://www.nps.gov/yell/learn/photosmultimedia/webcams.htm>

Smithsonian Museum of Natural History

<https://naturalhistory.si.edu/visit/virtual-tour>

Smithsonian National Air and Space Museum

<https://airandspace.si.edu/anywhere>